



ARIMIPLEX



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## ARIMIPLEX

ARIMIPLEX (Anastrozole) Axiolabs BUY ARIMIPLEX

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## News

2008-06-27

[Get Off The Couch This Summer Join The Fitness Revolution For Kids](#)

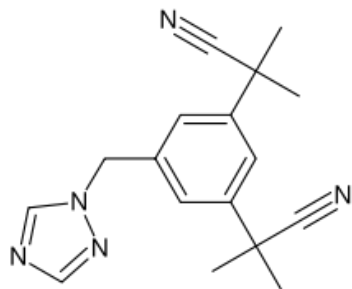
Theresa Byrne has helped thousands blossom through health and fitness at her Denver martial arts studio and as the fitness coach on the reality show Fitting In, on the ABC Family Channel. Now she's bringing her motivational fitness program to a kid near you. Today Byrne releases a workout DVD based on her "Fitness Revolution for Kids" program, a new approach built on the belief that kids can find success and even fun getting fit through positive motivation and by connecting mind, body and spirit. Fitness Revolution for Kids is a playful, high-energy workout for children ages 5 and up. It is now available at <http://www.revolutionforkids.com> for \$19.99. "The Revolution is designed to give today's amazing children the tools they need to create their own generation of health," Byrne said.

<http://arimiplex.net/> (1 of 2)/6/28/2008 10:27:25 PM

**Substance:** Anastrozole  
**Manufactured by:** Axiolabs  
**Packaging:** 1 x 25 tabs (1mg/ tab)  
**Average Dose:** .25mg - 1mg per day  
**Half Life:** 5 - 7 days  
**Water Retention:** none  
**Aromatization:** no  
**DHT Conversion:** no

**Arimidex** is not a **steroid**. It is a tablet form anti-aromatase that is used by many body builders to help prevent bloating (edema) and Gynecomastia (bitch tit) associated with the use of testosterone and androgens. It can be used in place of **Nolvadex, Clomid**, etc. Bodybuilders are using around .25mg to 1mg per day or .5mg to 1mg every other day and are having good success with it.

The FDA approved uses are for the treatment of breast cancer in post-menopausal women with disease progression following tamoxifen therapy. Hypersensitivity to anastrozole are reasons not to use this drug. If you have these problems please inform your doctor. Common side effects are: shortness of breath, dizziness, diarrhea, vomiting, headache, hot flashes, weakness, cough, dry mouth, skin rash, sweating, abdominal pain and bone pain. Some less common symptoms are vaginal bleeding, weight gain, tiredness, chills, fever, breast pain, and itching. In case of an overdose, it is recommended to contact your poison control center, trade name: **Arimiplex** ) is a drug indicated in the treatment of breast cancer in post-menopausal women. It is used both in adjuvant therapy (i.e. following surgery) and in metastatic breast cancer. It has the effect of decreasing the amount of estrogen that the body makes.



**Anastrozole** belongs in the class of drugs known as aromatase inhibitors. It inhibits the enzyme aromatase, which is responsible for converting androgens (produced by women in the adrenal glands) to estrogen.

The ATAC (**Arimiplex, Tamoplex, Alone or in Combination**) trial represents a long-term follow-up study of 9366 women with localized breast cancer who received either anastrozole, tamoxifen, or both. After more than 5 years the group that received anastrozole had significantly better clinical results than the tamoxifen group. The trial suggested that anastrozole is the preferred medical therapy for postmenopausal women with localized breast cancer that is estrogen receptor positive.

**Usage for men**

While officially indicated for women, this drug has proven effective in the off-label use of reducing estrogen (in particular and more importantly, estradiol) in men. Excess estradiol in men can cause benign prostatic hyperplasia, gynecomastia, and symptoms of hypogonadism. Some athletes and body builders will also use Arimidex as a part of their steroid cycle to reduce and prevent symptoms of excess estrogen; in particular, gynecomastia and water retention.

Study data currently suggests that dosages of 0.5mg to 1mg a day reduce serum estradiol by about 50% in men, which differs from the typical reduction in postmenopausal women. However, the reduction may be different for men with grossly elevated estradiol (clinical data is currently lacking).

Buy Now



"We empower kids and their families by accepting the good things about them. When kids are feeling healthy and strong, their positive contributions to the world are limitless."

2008-06-27

**[Women On Prudent Dietary Pattern May Reduce Risk Of Death](#)**

Women On Prudent Dietary Pattern May Reduce Risk Of Death Women who eat a diet rich in vegetables, fruits, legumes, whole grains, fish and poultry may reduce their risk of death from cardiovascular disease and all causes. Women who follow a traditional "Western" diet of red and processed meat, refined grains, fries and sweets may increase their risk. That's the conclusion of researchers who reported the results of a Harvard School of Public Health study in Circulation: Journal of the American Heart Association. The study of 72,113 healthy women found that high adherence to the "prudent" dietary pattern was associated with a 28 percent lower risk of death from cardiovascular disease and a 17 percent lower risk of premature death from all causes when compared to the lowest adherence.

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