

**LETROPLEX**

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LETROPLEX

LETROPLEX (Letrozole) Axiolabs

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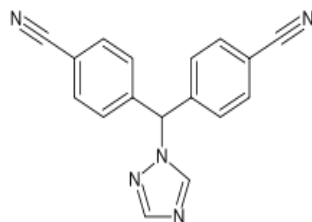
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News

2008-06-27

[Get Off The Couch This Summer Join The Fitness Revolution For Kids](#)

Get Off The Couch This Summer Join The Fitness Revolution For Kids Theresa Byrne has helped thousands blossom through health and fitness at her Denver martial arts studio and as the fitness coach on the reality show Fitting In, on the ABC Family Channel. Now she's bringing her motivational fitness program to a kid near you. Today Byrne releases a workout DVD based on her "Fitness Revolution for Kids" program, a new approach built on the belief that kids can find success and even fun getting fit through positive motivation and by connecting mind, body and spirit. Fitness Revolution for Kids is a playful, high-energy workout for children ages 5 and up. It is now available at <http://www.revolutionforkids.com> for \$19.99. "The Revolution is designed to give today's amazing children the tools they need to create their own generation of health," Byrne said.

FDA-approved use

Letrozole is approved by the **United States Food and Drug Administration (FDA)** for the treatment of local or metastatic breast cancer that is hormone receptor positive or has an unknown receptor status in postmenopausal women. Side effects include signs and symptoms of hypogonadism. There is concern that long term use may lead to osteoporosis, which is why prescriptions of **Letrozole** are often accompanied by prescriptions of osteoporosis-fighting medication such as **Fosamax**.

Off-label use

It has been in use for the use of ovulation induction by fertility doctors since 2001: having less side-effects than citrate (**clomipheneClomid®**) for the patient. A Canadian study presented at the American Society of Reproductive Medicine 2005 Conference suggests that it may increase the risk of birth defects compared with a control group, however a more detailed follow-up study found no basis for concern when **letrozole** is used for ovulation induction.

The manufacturer, **Novartis**, has issued letters to doctors in Canada and the United States reiterating that it is not approved for such a use and is not safe to use with pregnant women or women who may become pregnant.

Letrozole has shown to reduce estrogen levels by 98 percent while raising **testosterone** levels. The **anti-estrogen action** of **letrozole** is preferred by athletes and **bodybuilders** for use during a **steroid cycle** to reduce bloating due to excess water retention and prevent the formation of gynecomastia related breast tissue that is a side effect of some **anabolic steroids**. Usage above 2.5 mg/day is known to potentially temporarily kill sex drive. Above 5mg/day for extended periods may cause kidney problems.

Letrozole has also been shown to delay the fusing of the growth plates in adolescents. This may boost the effectiveness of **growth hormone**, and thus **Letrozole** is used to treat adolescents and children with short stature.

A related agent is **anastrozole**.

Letrozole has also been used to treat endometriosis.

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"We empower kids and their families by accepting the good things about them. When kids are feeling healthy and strong, their positive contributions to the world are limitless."

2008-06-17

Anabolic Steroid Dianabol Turns 50

The performance-enhancing drug Dianabol, which became the first widely used anabolic steroid and has built muscle for athletes and bodybuilders and become the subject of criminal prosecutions, was developed in 1958. There's a good piece in the New York Daily News looking at half a century of the steroid's use:

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