

**LETROPLEX**

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**LETROPLEX**

LETROPLEX (Letrozole) Axiolabs BUY LETROPLEX

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**[The sport of bodybuilding](#)**

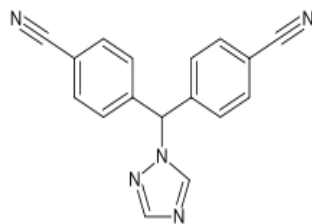
The sport of bodybuilding The popular, growing sport of bodybuilding in the region is leading to bigger championships for local enthusiasts. Dana Ali, 31, who recently returned to Kurdistan from Britain, started lifting weights six year ago when he was abroad. "Oh, I became many pounds overweight," he said, taking a break after finishing the first set. "I see so many [overweight people] here, and I don't want to be like them. "I feel better and forget about all my problems when I come in and exercise," said Ali, having arrived straight from work wearing a black T-shirt and leather gloves. He works out five times a week and has shed most of his body fat; his chest and biceps are as thick as they were when he was living in Britain.

2008-06-27

**[Women On Prudent Dietary Pattern May Reduce Risk Of](#)**

**Substance:** Letrozole  
**Manufactured by:** Axiolabs  
**Packaging:** 1 x 25 tabs (2.5mg/ tab)

**Letroplex (Letrozole)** is an oral non-steroidal aromatase inhibitor that has been introduced for the adjuvant treatment of hormonally-responsive breast cancer. Estrogens are produced by the conversion of **androgens** through the activity of the aromatase enzyme. **Letroplex** blocks production of estrogens in this way by competitive, reversible binding to the heme of its cytochrome P450 unit. The action is specific, and **Letroplex** does not reduce production of mineralo- or **corticosteroids**. In contrast, the **antiestrogenic action** of tamoxiplex, the major medical therapy prior to the arrival of aromatase inhibitors, is due to its interfering with the estrogen receptor, rather than inhibiting **estrogen production**.

**FDA-approved use**

**Letrozole** is approved by the **United States Food and Drug Administration (FDA)** for the treatment of local or metastatic breast cancer that is hormone receptor positive or has an unknown receptor status in postmenopausal women. Side effects include signs and symptoms of hypoestrogenism. There is concern that long term use may lead to osteoporosis, which is why prescriptions of **Letrozole** are often accompanied by prescriptions of osteoporosis-fighting medication such as **Fosamax**.

**Off-label use**

It has been in use for the use of ovulation induction by fertility doctors since 2001: having less side-effects than citrate (**clomipheneClomid®**) for the patient. A Canadian study presented at the American Society of Reproductive Medicine 2005 Conference suggests that it may increase the risk of birth defects compared with a control group, however a more detailed follow-up study found no basis for concern when **letrozole** is used for ovulation induction.

The manufacturer, **Novartis**, has issued letters to doctors in Canada and the United States reiterating that it is not approved for such a use and is not safe to use with pregnant women or women who may become pregnant.

**Letrozole** has shown to reduce estrogen levels by 98 percent while raising **testosterone** levels. The **anti-estrogen action** of **letrozole** is preferred by athletes and **bodybuilders** for use during a **steroid cycle** to reduce bloating due to excess water retention and prevent the formation of gynecomastia related breast tissue that is a side effect of some **anabolic steroids**. Usage above 2.5 mg/day is known to potentially temporarily kill sex drive. Above 5mg/day for extended periods may cause kidney problems.

**Letrozole** has also been shown to delay the fusing of the growth plates in adolescents. This may boost the effectiveness of **growth hormone**, and thus **Letrozole** is used to treat adolescents and children with short stature.

A related agent is **anastrozole**.  
**Letrozole** has also been used to treat endometriosis.

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### [Death](#)

Women On Prudent Dietary Pattern May Reduce Risk Of Death Women who eat a diet rich in vegetables, fruits, legumes, whole grains, fish and poultry may reduce their risk of death from cardiovascular disease and all causes. Women who follow a traditional "Western" diet of red and processed meat, refined grains, fries and sweets may increase their risk. That's the conclusion of researchers who reported the results of a Harvard School of Public Health study in Circulation: Journal of the American Heart Association. The study of 72,113 healthy women found that high adherence to the "prudent" dietary pattern was associated with a 28 percent lower risk of death from cardiovascular disease and a 17 percent lower risk of premature death from all causes when compared to the lowest adherence.

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