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News

2008-06-27

[Women On Prudent Dietary Pattern May Reduce Risk Of Death](#)

Women On Prudent Dietary Pattern May Reduce Risk Of Death Women who eat a diet rich in vegetables, fruits, legumes, whole grains, fish and poultry may reduce their risk of death from cardiovascular disease and all causes. Women who follow a traditional "Western" diet of red and processed meat, refined grains, fries and sweets may increase their risk. That's the conclusion of researchers who reported the results of a Harvard School of Public Health study in Circulation: Journal of the American Heart Association. The study of 72,113 healthy women found that high adherence to the "prudent" dietary pattern was associated with a 28 percent lower risk of death from cardiovascular disease and a 17 percent lower risk of premature death from all causes when compared to the lowest adherence.

TESTAPLEX P 50, 100, C 200, E 250 by Axiolabs

[Buy Now](#)**Testaplex P 50, 100** for intramuscular injection, contains testosterone propionate.

Testosterone propionate is a male sexual hormone with pronounced, mainly androgenic action, possessing the biological and therapeutic properties of the natural hormone. In a healthy male organism, androgens are formed by the testes and adrenal cortex. It is normally produced in women in small physiological quantities. In addition to the specific action that determines the sexual characteristics of the individual, it also has a general anabolic action, manifested in enhancement of protein synthesis. Under the effect of testosterone, body weight increases and urea excretion is reduced. High doses suppress the production of hypophyseal gonadotropin, while low doses stimulate it. It has an antitumor effect on mammary gland metastases.

Testaplex C 200 injection, for intramuscular injection, contains testosterone cypionate which is the oil-soluble 17 (beta)-cyclopentylpropionate ester of the androgenic hormone testosterone.

Endogenous androgens are responsible for normal growth and development of the male sex organs and for maintenance of secondary sex characteristics. These effects include growth and maturation of the prostate, seminal vesicles, penis, and scrotum; development of male hair distribution, such as beard, pubic, chest, and axillary hair; laryngeal enlargement, vocal cord thickening, and alterations in body musculature and fat distribution. Drugs in this class also cause retention of nitrogen, sodium, potassium, and phosphorous, and decreased urinary excretion of calcium. Androgens have been reported to increase protein anabolism and decrease protein catabolism. Nitrogen balance is improved only when there is sufficient intake of calories and protein.

Androgens are responsible for the growth spurt of adolescence and for eventual termination of linear growth, brought about by fusion of the epiphyseal growth centers. In children, exogenous androgens accelerate linear growth rates, but may cause disproportionate advancement in bone maturation. Use over long periods may result in fusion of the epiphyseal growth centers and termination of the growth process. Androgens have been reported to stimulate production of red blood cells by enhancing production of erythropoietic stimulation factor.

Testaplex E 250 injection, for intramuscular injection, contains testosterone enanthate which is insoluble in water, very soluble in ether and soluble in vegetable oils.

Androgens are derivatives of cyclopentano-perhydrophenanthrene. Endogenous androgens are C-19 steroids with a side chain at C-17, and with two angular methyl groups. Testosterone is the primary endogenous androgen.

In their active form, all drugs in the class have a 17-beta-hydroxy group. Esterification of the 17-beta-hydroxy group produces compounds (testosterone enanthate and testosterone propionate) which have a longer duration of action and are hydrolyzed in vivo to free testosterone.

Androgens are steroids that develop and maintain primary and secondary male sex characteristics.

Endogenous androgens are responsible for the normal growth and development of the male sex organs and for maintenance of secondary sex characteristics. These effects include the growth and maturation of prostate, seminal vesicles, penis, and scrotum; the development of male hair distribution, such as beard, pubic, chest and axillary hair; laryngeal enlargement, vocal chord thickening, alterations in body musculature, and fat distribution. Drugs in this class also cause retention of nitrogen, sodium, potassium, phosphorous, and decreased urinary excretion of calcium. Androgens have been reported to increase protein anabolism and decrease protein catabolism. Nitrogen balance is improved only when there is sufficient intake of calories and protein.

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During exogenous administration of androgens, endogenous testosterone release is inhibited through feedback inhibition of pituitary luteinizing hormone (LH). At large doses of exogenous androgens,

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[Get Off The Couch This Summer Join The Fitness Revolution For Kids](#)

Get Off The Couch This Summer Join The Fitness Revolution For Kids Theresa Byrne has helped thousands blossom through health and fitness at her Denver martial arts studio and as the fitness coach on the reality show Fitting In, on the ABC Family Channel. Now she's bringing her motivational fitness program to a kid near you. Today Byrne releases a workout DVD based on her "Fitness Revolution for Kids" program, a new approach built on the belief that kids can find success and even fun getting fit through positive motivation and by connecting mind, body and spirit. Fitness Revolution for Kids is a playful, high-energy workout for children ages 5 and up. It is now available at <http://www.revolutionforkids.com> for \$19.99. "The Revolution is designed to give today's amazing children the tools they need to create their own generation of health," Byrne said. "We empower kids and their families by accepting the good things about them. When kids are feeling healthy and strong, their positive contributions to the world are limitless."

spermatogenesis may also be suppressed through feedback inhibition of pituitary follicle stimulating hormone (FSH).

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