

**TRINAPLEX**

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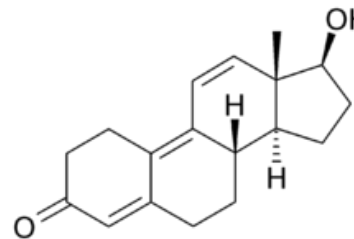
TRINAPLEX 200 Axiolabs

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Trinaplex 200 for intramuscular injection contains trenbolone acetate, trenbolone hexahydrobenzylcarbonate and trenbolone enanthate. The presence of the acetate ester allows Trinaplex 200 to display a rapid initial physiological response. The hexahydrobenzylcarbonate and enanthate esters, which release at slower rates, prolong the physiological response with a relatively flat absorption curve over the duration of the injection life-cycle.

Bodybuilders have been known to use the drug in order to increase body mass more effectively than by weight training alone. A normal bodybuilding dosage can range from 200 mg/week up to 1400 mg/week.

The 2006 book Game of Shadows alleges that baseball superstar Barry Bonds used this drug in 2001, when he set the current single-season home run record.



(Trenbolone) compounds have a binding affinity for the androgen receptor three times as high as that of testosterone. Once metabolised, the drugs have the effect of increasing nitrogen uptake by muscles, leading to an increase in the rate of protein synthesis. It also has the secondary effects of stimulating appetite, reducing the amount of fat being deposited in the body, and decreasing the rate of catabolism. Trenbolone has proven popular with anabolic steroid users as it is not metabolised by aromatase or 5 α -reductase into estrogenic compounds such as estradiol, or into DHT. This means that it also does not cause any water retention normally associated with highly androgenic steroidal compounds like testosterone or methandrostenolone. It is also loved by many for the dramatic strength increases commonly experienced with it. Some short-term side effects include insomnia, high blood pressure, increased aggression and libido. However, since women will suffer virilization effects even at small doses, this drug should not be taken by a female. Urban wisdom/myth in bodybuilding culture, states that the use of the drug over extended periods of time can lead to kidney damage. The kidney toxicity has not yet been proven, and scientific evidence supporting the idea is suspiciously absent from the bodybuilding community that perpetuates this idea. The origin of this myth most likely has to do with the rust colored oxidized metabolites of trenbolone which are excreted in urine and often mistaken for blood. After Schänzer (Clin Chem 1996; 42(7): 1001-1020, Metabolism of anabolic androgenic steroids) trenbolone and 17 β -trenbolone are both excreted (in urine) as conjugates that can be hydrolyzed with beta-glucuronidase. This implies that trenbolone leaves the body as beta-glucuronides or sulfates, that means mostly non metabolized.

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News

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[Get Off The Couch This Summer Join The Fitness Revolution For Kids](#)
[Theresa Byrne has helped thousands blossom through health and fitness at her Denver martial arts studio and as the fitness coach on the reality show Fitting In, on the ABC Family Channel. Now she's bringing her motivational fitness program to a kid near you. Today Byrne releases a workout DVD based on her "Fitness Revolution for Kids" program, a new approach built on the belief that kids can find success and even fun getting fit through positive motivation and by connecting mind, body and spirit. Fitness Revolution for Kids is a playful, high-energy workout for children ages 5 and up. It is now available at <http://www.revolutionforkids.com> for \\$19.99. "The Revolution is designed to give today's amazing children the tools they need to create their own generation of health," Byrne said.](#)

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"We empower kids and their families by accepting the good things about them. When kids are feeling healthy and strong, their positive contributions to the world are limitless."

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[Women On Prudent Dietary Pattern May Reduce Risk Of Death](#)

Women On Prudent Dietary Pattern May Reduce Risk Of Death Women who eat a diet rich in vegetables, fruits, legumes, whole grains, fish and poultry may reduce their risk of death from cardiovascular disease and all causes. Women who follow a traditional "Western" diet of red and processed meat, refined grains, fries and sweets may increase their risk. That's the conclusion of researchers who reported the results of a Harvard School of Public Health study in *Circulation: Journal of the American Heart Association*. The study of 72,113 healthy women found that high adherence to the "prudent" dietary pattern was associated with a 28 percent lower risk of death from cardiovascular disease and a 17 percent lower risk of premature death from all causes when compared to the lowest adherence.

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